



MONTHLY GUIDED MEDITATION & DHAMMA TALK

LOCATION: First Congregational United Church of Christ
(406 8th Street, Moorhead, Minnesota)

TIME: 6:30pm - 8:30pm

Monks from the Minnesota Buddhist Vihara will be joining us through Skype to guide meditation and presentation on following days for 2017:

January 21 (MN 21 - The Simile of the Saw) • **February 18** (MN 13 - The Great Mass of Stress) • **March 25** (A Day Retreat) • **April 22** (MN 24 - Discourse to Potaliya) • **May 20** (MN 75 - Discourse to Magandiya) • **June 17** (MN 81 - Discourse to Ratthapala) • **July 15** (MN 63 - Shorter Instructions to Malunkyaputta) • **August 19** (MN 30 - The Shorter Heartwood - Simile Discourse) • **September 16** (A Day Retreat) • **October 28** (MN 27 - Discourse on the Shorter Elephant Footprint Simile) • **November 18** (MN 40 - Shorter Discourse at Assapura) • **December 16** (MN 6 - If a Bhikkhu should wish)

*MN = Majjhima Nikaya (Middle Length Discourses of the Buddha)

Everyone is warmly welcome to come and practice !

Mission: The North Dakota Buddhist Vihara is part of the Minnesota Buddhist Vihara and its mission is to share the Buddha's message of Peace and Happiness and help create peace and harmony within ourselves and in the surrounding world. It is open to people of all faith traditions and cultures.

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